

Illness Guide (Rev. 8-3-21)

(subject to change)

Symptoms of COVID-19

- Temperature 100.4 degrees Fahrenheit or higher when taken by mouth
- Sore throat
- Congestion
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever
- New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, **a change** in their cough from baseline)
- Difficulty breathing
- Loss of taste/smell

Length of Home Stay When Exhibiting Any COVID-19 Symptoms

1. Stay home when sick with COVID-19 symptoms

- Return to school 24 hrs. fever free without aid of fever reducing medication and 24 hrs. after other symptoms have resolved
- OR return to school with a doctor's clearance of alternative diagnosis
- OR attest to vaccination or immunity* 24 hr. fever free and symptoms improving
- OR return to school with a negative COVID test, with 24 hrs. fever free and symptoms improving

*COVID-19 immunity is when an individual has antibodies because they have had the disease within the last 3 months OR have been fully vaccinated