

COVID-19 Exposure/Quarantine Guidelines (Rev. 8/11/21)

Scenario 1-**YOU TEST POSITIVE** (lab result)

1. Notify school
2. If symptomatic, Isolate immediately. Remain home until:
 - a. 10 days counted since symptoms began **AND**
 - b. 24 hours with no fever without fever reducing medicine **AND**
 - c. Symptoms have improved
3. If asymptomatic, isolate
 - a. Quarantine 10 days from positive test result
 - b. Monitor for symptoms twice a day
 - c. Return to school after 10 days if no symptoms appear

Scenario 2-**YOU LIVE WITH** someone who tested positive (**DOES NOT APPLY** if you're fully vaccinated* or had COVID19 in the last 3 months)

1. Notify school
2. If you are asymptomatic;
 - a. Quarantine immediately
 - b. Stay home while your (*positive person*) is ill and isolated
 - c. Quarantine an additional 10 days after your (*positive person*) has recovered and been released
 - d. Quarantine can last up to 20 days or longer
3. If you are asymptomatic and can quarantine safely AWAY from your (*positive person*)
 - a. Quarantine for 10 days following **last exposure** to your (*positive person*)
 - b. Monitor yourself for symptoms twice a day (refer to "Illness Guide" if symptoms occur)
 - c. Notify primary health care provider if symptoms develop

Scenario 3-**YOU HAD CLOSE CONTACT** (>15 minutes, <6' apart) with someone who tested positive (at school or out in community) starting from 48 hours before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until they are isolated **AND you were not wearing a mask (at school) OR with or without mask (in community) (DOES NOT APPLY** if you're fully vaccinated* or had COVID19 in the last 3 months)

1. Notify school -or school will notify you if it was a contact at school
2. Quarantine for 10 days following date of last exposure
3. Monitor yourself for symptoms twice a day (refer to "Student Illness Guide" if symptoms occur)

Scenario 4-**YOU HAD CLOSE CONTACT** with an asymptomatic person that lives with a positive case- (eg. You had contact with another student that lives with a parent that tested positive) (**DOES NOT APPLY** if you're fully vaccinated* or had COVID19 in the last 3 months)

1. **NO action or Quarantine** required**unless**
 - a. That person developed symptoms or consequently tested positive within 14 days of your last contact. Eg. A parent has COVID, you had contact with their son who developed COVID within 14 days of YOUR last contact **then**
 - b. Contact primary care provider to see about testing
 - c. Clear daily self-health screening

Scenario 5-**YOU HAD CLOSE CONTACT** (>15 minutes, <6' apart) with someone who tested positive **AT SCHOOL**, starting from 48 hours before their illness onset (or, for asymptomatic persons, 2 days prior to test specimen collection) until they are isolated **AND BOTH OF YOU WERE MASKED.** (**DOES NOT APPLY** if you're fully vaccinated* or had COVID19 in the last 3 months)

1. Notify school -or school will notify you if it was a contact at school
2. **NO Quarantine**, BUT for 10 days you follow these criteria;
 - You don't have symptoms
 - You continue to wear a mask indoors,
 - You are tested at least twice per week for 10 days,
 - You may be exempted from extracurricular activities

*fully vaccinated means at least 2 weeks have passed since last shot required for that particular vaccination schedule

*close contact means more than 15 minutes (cumulative w/in 24hrs) and less than 6' apart